To MCAD Members and Friends:

We are all at home doing the right thing - sheltering in place and only going out for essentials. Need a little encouragement or just a little bliss? Check out our curated MCAD Survival Guide. We promise it will be filled with things that make you feel good about our city, the arts and yourself.

STUCK AT HOME?: Of course you are! Travel + Leisure Magazine feels your pain and wants you to to treat you to a tour of the great museums of the world from your living room. Click here for the link to your dream trip.

MISS THE MIAMI HEAT?: Check out this short ESPN video with their version of the Top Ten Miami Heat Plays of All Time. Click here to watch the video.

LOVE FILM MONSTERS? WANT TO LEARN HOW THEY DO IT? Check out this SFX Monsters Make up tutorial for super scary special effects. Click here for the youtube video.

ONLINE ARCHITECTURE TOURS OF CHICAGO: Visit the windy city from your couch with a whole set of curated online architecture tours. Click here for the tours.

MAKE YOUR OWN FACE MASKS: No sewing required! Check out this video that gives quick instructions for making a simple bandanna face mask. Click here for the video.

TANGO ON THE STREET: While walking in Puerto Madero, in the city of Buenos Aires, Charles Jansen had the chance to see and record the public Tango show of the group "Puerto Tango". Click here to visit Buenos Aires for a little Tango.

CHEERS! 10 BEST MIAMI INSPIRED COCKTAILS: From the Washington Park Hotel on South Beach. It's noon somewhere! Cheer yourself up with a refreshing cocktail that reflects the local flavor, history, and culture of the Magic City. Whether you prefer beach classics or innovative sippers, we've rounded up 10 mixed drinks that have helped shape Miami's thriving cocktail culture (and where to find them). Click here for the libation guide.

MISSING THE GREAT BILL WITHERS? He passed away this week and to honor his passing, we have a great cover of Aint No Sunshine by Walk Off the Earth's Sarah Blackwood. Check it out! Need more? OK, here's one more tribute to the great singer/songwriter with an acapella version of Grandma's Hands by Larkin Poe. Clap along. Click here for the video.

Until next week... stay safe, stay sane, and stay indoors!