



MCAD SURVIVAL GUIDE

MIAMI CENTER FOR
ARCHITECTURE & DESIGN

RESOURCES TO HELP YOU STAY SAFE,
STAY SANE, & HAVE FUN.

To MCAD Members and Friends:

OK.. last week we dodged that hurricane. The rains have let up a bit and it's time to soak up a little vitamin D! Beach time! Get out that sunscreen and your fanciest shades and let's safely hit the beaches of South Florida. For goodness' sake! Tourists save up all year just to spend two days on the best beaches on the planet, that I think we take for granted some times. Get out there!

Here's the skinny on Miami Dade

County Beaches Reopening. Miami-Dade County beaches are open. Visit the web page to check out the rules to visit our beaches safely. Points in bold MUST be followed; other recommendations are strongly suggested. As you prepare to reopen, please use the [Beaches General Checklist](#) as a guide. All guidelines are categorized by workforce protection measures, employee protection measures, non-employee (or customer) protection measures, business process adaptations, employer-led public health interventions and industry-wide safeguards. For the most up to date changes, see the latest [Emergency Orders and Amendments](#).

Send a question or a suggestion about the New Normal Guide to new-normal@miamidade.gov.

How to Know If Your Sunscreen Is Killing Coral Reefs — and the Brands to Try Instead

.You gotta hand it to Travel & Leisure Magazine to write about sunscreens that are not only amazing, but that do not harm coral and other aquatic life. **Click here to read more:** The next time you take a dip in the warm waters of the Caribbean or Hawaii, think about this: you aren't just swimming in seawater. There may also be as many as 82,000 kinds of chemicals from personal care products that have made their way into the world's oceans, according to a report by **Marine Life**, a marine conservation NGO. And one of the biggest and most permanent contributors to this massive pollution is sunscreen. In 2015, it was estimated that around **14,000 tons of sunscreen** are ending up in the world's coral reefs per year and causing irreparable damage.

YOU GOTTA HAVE FLIP FLOPS AT THE BEACH 10 Best Flip Flops For Women Who Wanna Be Active In 2020:

Enjoy those long walks without the achy arches. Like sweet sandals and **sporty swimsuits**, flip flops are an essential part of any summer wardrobe, but if you plan to do more than lounge by a pool in yours, it's important to find a pair that's comfortable and supportive. Most flip flops are flimsy and good for just kicking around in but if you are looking for a pair with more substance there are plenty of options. [CLICK HERE FOR THE WOMEN'S HEALTH ARTICLE](#)

(SUN)GLASSES INSPIRED BY ARCHITECTS 12 ARCHITECT GLASSES: WHAT'S YOUR

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STYLE? Banton Frameworks in the UK reminds us that Stereotypically, and perhaps intentionally, architect glasses frames are often large and geometrical. As if to exemplify their vocation, their choice of eyewear seemingly imparts their own kind of facial architecture. Presumably, the studiousness, not to mention the longevity of an architect's career is what necessitates the need for such memorable glasses. [CLICK HERE FOR THE WEBSITE AND SOME AWESOME GLASSES.](#)

Rash Guards & Swim Shirts

While some of us dream of rocking a string bikini on the beach, plenty of us are more concerned about the damage all that exposure to the sun does to our skin. A **rash guard** is a swim shirt designed to keep you covered up while swimming. Get the right fit for your rash guard, and match your personal style. [Click here to check out a reasonably priced selection of rash guards. Dick's Sporting Goods has delivery and curbside pick up available.](#)

Beach Picnic safety goes hand-in-hand with COVID-19 safety this year

Pack your beach picnic with safety in mind. Planning to enjoy a picnic, barbecue, or meal under the summer sun on this holiday weekend? In addition to food safety, remember to practice social distancing — stay 6 feet apart from others you don't live with — and follow the Centers for Disease Control and Prevention's [safety precautions](#) to protect yourself and others from COVID-19, which is a respiratory illness that is spread from person-to-person, unlike foodborne viruses that can make people sick from contaminated food. [Click here for the Food Safety News article](#)

SAFETY, ART & ARCHITECTURE ON MIAMI BEACH, COURTESY OF WILLIAM LANE. AIA

In 1995, William Lane designed 5 lifeguard towers to replace those towers that were lost in Hurricane Andrew. They quickly became iconic images that represented the emerging cultural and urban revitalization of South Beach in the 1990's. 20 years later, the City of Miami Beach asked them to revisit their original designs and design 6 new prototypes to replace the 36 lifeguard towers that are located from the tip of Miami Beach at South Point Park to 86th Street. All have become iconic symbols of Miami Beach. [CHECK OUT THE LIFEGUARD TOWERS THAT NOT ONLY KEEP US SAFE, BUT THEY ARE ALSO WORKS OF ART](#)

MCAD EVENTS!

THE URBAN RE-DESIGN SERIES

URBAN RE-DESIGN? MOBILITY - AUGUST 21 AT NOON

Join panelists: **Carlos Cruz-Casas**. PE, Assistant Director MDC Dept. of Transportation & Public Works Div. of Transportation Strategic Planning - **Victor Dover**, FAICP, CNU Fellow, Principal, Dover, Kohn & Partners Town Planning - **Marta Viciedo**, Founding Partner & Strategy Director Urban Impact Lab - for a conversation about Mobility in Urban Re-Design. Moderated by Cheryl Jacobs, AIA Miami Exec. V.P. Click below to register for this free event. Also consider making a donation to MCAD!

[Click here to register for this free event.](#)

MCAD BOOK TALKS

Views of Miami by Steven Brooke August 13 @ 7:00 pm

Join the Miami Center for Architecture and Design for an online

conversation with **Steven Brooke** Fellow, American Academy in Rome; Fellow, Albright Institute, Jerusalem; Adjunct Professor, University of Miami School of Architecture; renowned author, and photographer, as we discuss his new book, Views of Miami. [Click here to register for this event.](#)

Building Eden by Rocco Ceo & Joanna Lombard

August 27 @ 7:00 pm

Join the Miami Center for Architecture and Design for an online conversation with **Rocco Ceo** and Joanna Lombard, the authors of Florida's Historic Landscapes, give context to the era and motivations of the county's first parks director, A.D. Barnes, and his leading designer and associate of the Olmsted Brothers firm, William Lyman Phillips.. [Click here to register for this event.](#)

AIA MIAMI EVENTS!

GET READY TO GALA! The American Institute of Architects invites you to their first ever Virtual Design Awards Gala on October 3. Dress up in Sequins & Sweats and get ready to experience our virtual bar tenders, chefs, live music, and of course, the Design Awards that honor Miami's best and brightest work in the built world. Tickets start at \$50 for AIA Member single tickets and \$450 for a virtual table of 10. VIP Packages are available as well. [ORDER TICKETS HERE](#)

DONATE TO MCAD MCAD is working hard to keep you up to date with safe activities and educational opportunities for you and the entire family. We really could use your help and are asking fans to consider making a donation to help support our efforts. The Miami Center for Architecture & Design is a not for profit 501(c)3 and donations are tax deductible to the full extent of the law. [CLICK HERE TO MAKE A DONATION OF ANY AMOUNT.](#)

Until next week... Stay safe and wear that mask!

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